# Eleanor Wong

#### SUMMARY OF QUALIFICATIONS

- Over 3 years of customer service experience which has developed strong interpersonal and leadership skills
- Knowledgeable of Adobe Create Suite programs including Adobe Lightroom, Photoshop,
  InDesign, Illustrator, and Adobe Experience Manager
- Advanced knowledge of Microsoft Word, Excel and PowerPoint
- Skilled in utilizing research databases such as EBSCOhost, Pubmed and Google Scholar
- Advanced understanding of conversational Cantonese and intermediate understanding of written and conversational French
- Valid Driver License Class 7 Novice
- WHMIS 2015

#### **EDUCATION**

### Simon Fraser University, Burnaby, BC

September 2017 – Present

Faculty of Health Sciences - Bachelor of Science

Concentration in Population and Quantitative Heath Sciences

- Minor in Kinesiology
- SFU Surrey Close to Home Award
- SFU Community Entrance Award
- Dean's Honour Roll (Fall 2019)

### **ACADEMIC WORK**

## Health Change Lab

### September – December 2019

- Conducted interviews with seniors, caretakers, community partners, and staff at Fraser Health, the City of Surrey, and other external stakeholders to identify a problem area pertaining to social connections in seniors
- Presented findings and potential solutions to community partners for feedback and suggestions to improve and further develop the final product
- Developed a sustainable and innovative solution to the identified issue using the process of Human Centered Design

# HSCI 216 | Ecological Determinants of Human Growth, Development and Health May – June 2019

- Conducted a literature review by utilizing databases such as EBSCOhost and Pubmed to gather relevant information
- Presented on the effects of cortisol levels on reproductive health using PowerPoint to enhance peer's understanding on reproductive health

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## BPK 303 | Kinanthropometry

January - April 2019

- Formulated a study proposal in a team of 4 that correlated anthropometric measurements to athletic performance to address relevant research gaps
- Gathered data from the sample population using anthropometric measuring equipment including skinfold calipers and hand dynamometers to support the hypothesis and used Excel to determine a correlation
- Completed a research paper on Microsoft Word that outlined methodology, participant consent forms, data analysis and study results

### HEALTH RELATED EXPERIENCE

### Community Liaison, Volunteer

September 2019 - Present

Plan Institute, Vancouver, BC

- Educate community about the Registered Disability Savings Plan and the Disability Tax
  Credit
- Promote the various workshops hosted by Plan Institute to aid those in the disabled community to access government funding and grants
- Attend Youth Transition Fairs and health conventions on behalf of Plan Institute to represent the organization and form connections with various community partners

### Physio Assistant, Volunteer

July - December 2018

Surrey Kids Physio Group, Surrey, BC

- Collaborated with physiotherapists to address patients' injuries to develop exercises to ensure a quick and successful recovery
- Designed treatments integrated with games for young clients that allowed for effective and enjoyable sessions
- Explained and demonstrated exercises to clients and their parents to help them continue treatment at home and maintain their progress

### LEADERSHIP EXPERIENCE

Senior Barista April 2018 – Present

Prado Café, Surrey, BC

- Work with coworkers to smoothly conduct transactions in an orderly and productive manner
- Handcraft beverages efficiently while providing excellent customer service
- Upkeep cleanliness within the café to uphold a professional environment

### Creative Director

October 2018 - November 2019

SYN Interactive, Vancouver, BC

- Provided photo documentation for a large range of events such as graduations, weddings, as well as personal portraits, corporate businesses, food, and products
- Took photos that best represent the business or purpose for the specific event
- Used Adobe Lightroom to efficiently edit media for the business' advertisement use